

#### Cannons Creek Boxing Academy

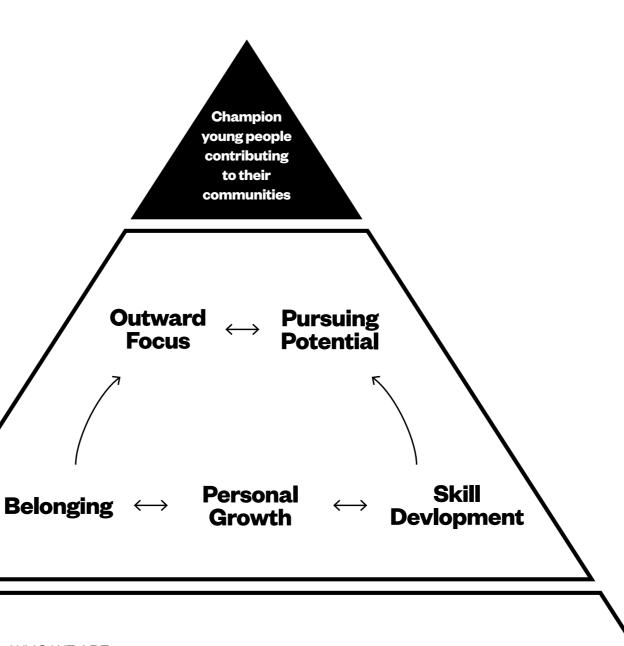
Billy Graham Youth Foundation

> Annual Report 2020



# CCBA Theory of Change.

'Champion young people contributing to their communities'



#### WHO WE ARE:

We are a diverse, well-trained team who seek to be a consistent & positive influence in our community

#### HOW WE DO IT:

Our classes are delivered using the BGYF Champions programme and our youth development practice aligns with the Mana Taiohi framework. We follow the BGYF Model to ensure our classrooms are balanced, thereby engaging with, learning from, and supporting every individual in our space. We actively seek collaborations that will further our young people's experiences.

#### WHAT WE DO:

Our team build fun, attractive, safe environments and serve our community through the delivery of a structured boxing programme. We support young people to achieve success relative to their hopes and dreams.

#### WHERE WE DO IT:

Our facility is set up to create the maximum impact for our members and wider community. It is clean, tidy, and accessible for all those who call Cannons Creek and Porirua home. You can taste the atmosphere when you walk through our doors.

## A message from the CCBA Manager

For Cannons Creek Boxing Academy (CCBA), 2020 was a massive year of change. COVID-19 had a major impact on the academy's operations, which ultimately led to a complete change of staff. We ended 2020 with a new team, new ideas, and big new goals.

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One of these big new changes included implementing The 'Champions' programme, a structured boxing and fitness programme for youth, developed by our BGYF (Billy Graham Youth Foundation) National Development Coach. 'Champions' has brought not only more structure, but more success to all of our classes, and has enabled our youth to quickly and confidently progress their boxing skills.

Another massive change involved developing our own 'Theory of Change' (summary on pages 4–5) as a new CCBA team, a process that took place over 3 months. We met as a team to break down the reasons we believe CCBA exists, and what we wish to achieve. Our team ultimately decided that Cannons Creek Boxing Academy exists to support tamariki and rangatahi to develop into 'Champion Young People Contributing to their Communities'.

As coaches and staff, we're keen to do all we can to help our young members achieve this positive outcome. And, as you will read shortly, many of our rangatahi are already on their way to becoming 'champion young people.' You will read direct quotes from our members, explaining - in their own words - the impact CCBA has had on them. You will see photos of our 2020 Prizegiving award winners, all of whom have taken steps towards becoming 'champions.'

We are proud of our young people, and the resilience they showed during such a massive year of uncertainty and change in 2020. We're sure that, after reading our report, you'll be proud of them too.

Finally, a huge 'Thank You' to all our funders, community partners, donors, and volunteers for your unwavering and on-going support. Without you, we almost certainly wouldn't have made it through 2020. Without you, our young people might have lost access to a special space, where they feel they belong. We cannot thank you enough for your help. Thank YOU!



Ngā mihi, **PAUL SAYERS**Cannons Oreek Boxing Academy Manager

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# Our Young People

#### **Gym Members**

193

THE CANNONS CREEK BOXING GYM HAD REGISTERED 193 MEMBERS BY THE END OF 2020





67 of the were girls.

126 of the

67 Q 126 d

#### Age Breakdown

52 /193 9-11 Year Olds



**76**/193 15+ Year Olds



65/193 12-14 Year Olds



# Our Young People

#### **Ethnicity Breakdown**

of our young people identified as Māori

of our young people identified as Pasifika



young people identified as another ethnicity



of our young people identified as Pākehā



#### **Location Breakdown**

of the members were from Cannons Creek.

62.0%

of the members were from the rest of Porirua.

16.0%

of the members were from elsewhere.



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### **Our Work**

Boxing

## We offer a structured, engaging boxing programme, 'Champions,' to youth ages 9 and up.

#### The Champions Programme

In 2020, all coaches began implementing a newly designed, structured boxing programme – 'Champions', developed by Harry Otty, NBA Head Coach & BGYF National Development Coach. The objective of 'Champions' is to attract boys and girls aged 9 to 16 to the physical, mental and social benefits of an organized and graded exercise programme.

The programme is based upon boxing skills and physical conditioning grounded in the fundamentals of movement, balance, coordination, and overall physical/motorskill development. The programme also includes elements of teaching personal and social responsibility with our 'Passport to Success' values.

#### Our classes - 2020

In 2020, we ran 6 different membership classes for our male and female members. These classes met twice per week, for at least one hour. Our competitive boxers sometimes practiced 3x per week.

- Fundamentals (Boys): Ages 9-11
- Juniors (Boys): Ages 12-14
- Fundamentals (Girls): Ages 9-11
- Juniors (Girls): Ages 12-14
- Development (Girls): Ages 15+
- Development/Youth/Elite (Boys): Ages 15+



"Postgate School has been enjoying the benefits of the Cannons Creek Boxing Academy for a couple of years now. The value added to our children is immense. Not only do our mainly Māori and Pasifika students reap the rewards of increased physical fitness, it the learning for life skills where the CCBA excels."



For our tamariki to get life messages that align with our own school values, namely pride, respect, determination, and resilience, will enable them to be successful citizens in our community; using an African proverb with a twist, "It takes a community to raise a child and it takes a child to raise a nation".

Youth Development

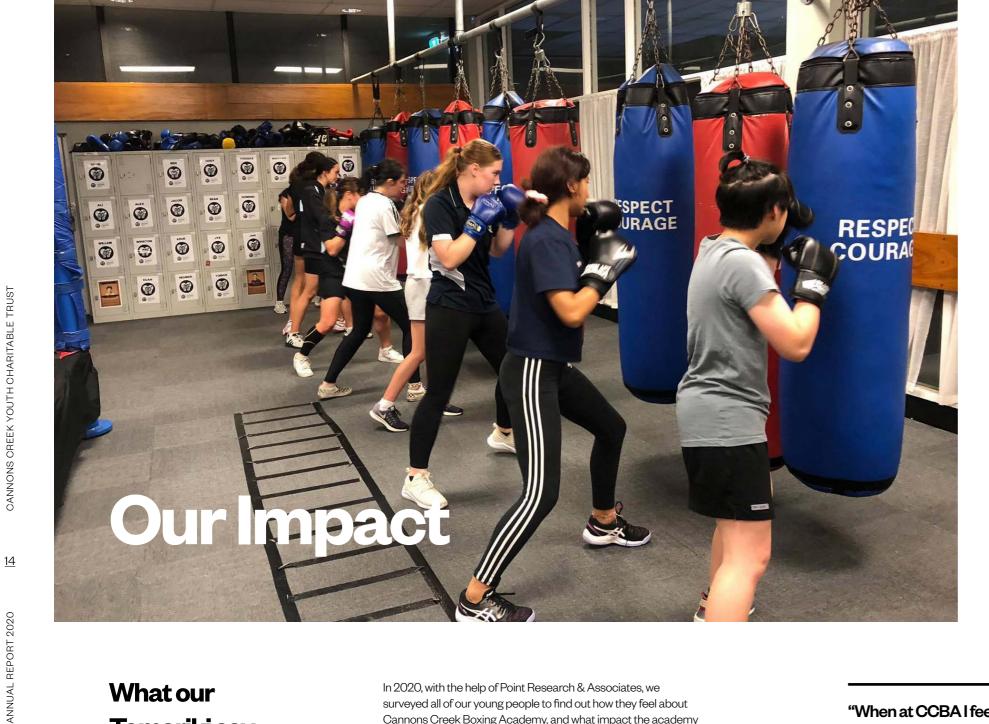
#### We don't just develop champion boxers – we develop champion people.

Established in 2014 with significant support from the Vodafone Foundation and the Tindall Foundation, Cannons Creek Boxing Academy (managed by Cannons Creek Youth Charitable Trust) was the first academy set up outside of its pioneering academy in Naenae. With a vision for inspiring and empowering young people through the vehicle of boxing, the academy was set up with support and encouragement from the New Zealand Police.

"The CCBA is a taonga for our community."

We achieve our mission via the disciplines of the sport of boxing, and our Passport to Success values; Respect, Responsibility, Compassion, Consideration, Kindness, Duty, Obedience, Honesty and Truthfulness. We encourage every young person to learn these values and put them into practice both within and outside of the Academy.





WHAT HAVE YOU LEARNT WITH CCBA?

how to poxition and Have self dicer rein

WHAT HAVE WE HELPED YOU DO? Be kind to kid's in st school and at

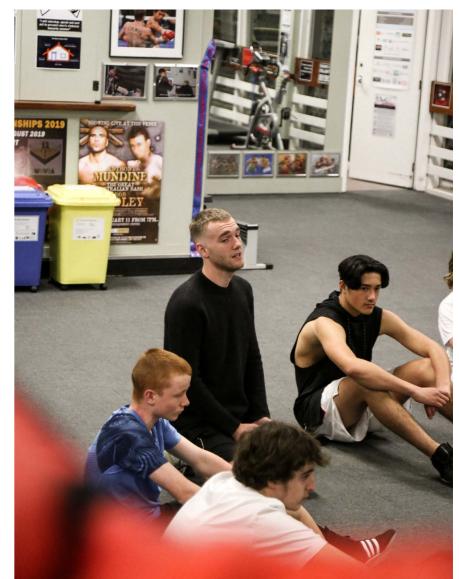
#### What our Tamariki say

In 2020, with the help of Point Research & Associates, we surveyed all of our young people to find out how they feel about Cannons Creek Boxing Academy, and what impact the academy has had on their lives. Here's what they had to say.

- · Going to academy was fun but it also challenged them and improved their fitness
- They learnt about values, such as respect, discipline and to look after people
- They have become more confident, respectful, helpful and developed self-discipline and control

"When I come here I feel excited, happy and encouraged. I have learnt the boxing values, how to defend myself and to put myself in other people's shoes"

"When at CCBA I feel welcomed. I learnt boxing skills. Be more respectful to myself"



## Our Impact

#### What our Rangatahi say

The senior members were asked to complete a survey. They were asked if the boxing academy helped them with any of these things this year, and if so, what has changed and how the academy helped.

90% **Friendships** 

70% **Education** 

70% Whānau/Home life





95% 100%

Fitness/well-being

"The members and coaches are all very kind and welcoming. The values the gym has are very inspiring in how I should lead my life."

"I have come out of my shell more and become more comfortable in social situations. I also feel that if I do need to protect myself I will be able to."



how the academy helped make that change.

for others

85% Child's

self-discipline

100% 100% 55%

well-being

100% 100% 85%

self-respect





"Welcoming every individual as special. Teaching new skills in an enjoyable way. An awesome place for learning, fun and fitness for an affordable price (which is so appreciated!!)"

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### Stories of Us

#### Bella

Bella started with Cannons
Creek Boxing Academy in
May of 2019. Initially, she
struggled with her attendance,
and found it difficult to trust
her coaches and make friends
with the girls in her class –
not unlike many other young
people when they first join
the gym.

Over the next year and a half, Bella slowly began to open up to her coaches and fellow classmates. Her attendance has improved heaps, and it is now rare that Bella misses a class. She has grown into a leader amongst the Junior Girls. Bella says, "It's (CCBA) safe and comfortable - I enjoy coming and I have a reliable and trustworthy adult here, and new friends."

Bella's CCBA coaches have developed strong relationships with Bella's teachers at school as well, so we can work together to give Bella the support she needs to reach her potential. Bella's coach Hailey says, "Bella is a bright young girl who uses her initiative and understand right from wrong and is learning how to work towards the right. Bella knows to come in early for a chat if she is feeling upset or angry so she can give the best to her class. I'm proud of her – at a young age, she's realised that she can come and have these conversations."

Bella's fitness and boxing skills have progressed heaps, as a result of her improved attendance. She's keen to jump in the ring as a competitive boxer as soon as she's ready, and we know she'll be a fierce competitor. We are excited about the positive changes Bella is making in her life, and we are extremely proud of her.



"It's [CCBA] safe and comfortable -I enjoy coming and I have a reliable and trustworthy adult here, and new friends."



#### Mana

Mana started with CCBA halfway through 2020 after searching for a positive, challenging and supportive outlet for his spare time. Mana works every weekend, which made it impossible to participate in school sports – so he wanted to find a different way to be active.

Mana has excelled in our Development Boys class, being a consistent role model for his peers. As a result of his positive behaviour, he was selected to attend a special 'Leadership Weekend' in Tauranga in the second half of 2020 with a group of other boys from CCBA who show leadership potential.

Mana's experience in Tauranga left him eager to develop his confidence and leadership skills even further. With CCBA's help, Mana secured a scholarship to take part in a 21-day Outward Bound Course in Anakiwa.

Mana found his Outward Bound experience very valuable - he commented, "Outward bound was good and hard at points.

It helped me realise my core values and what to stand for and how to do better in our community. It helped me goalset and work with others from different backgrounds, and it gave me a focus on life to know what is truly important".

Mana continues to be an awesome member, leader, and role model for the younger members of Cannons Creek Boxing Academy – a place he feels he belongs. Mana describes CCBA as a place where, "Everyone has each other's backs, people help when others are struggling and its safe and supportive." We are so proud of Mana, and cannot wait to see what this young man does in the future.

"I heard it (CCBA) was a strong community which has a great reputation, so I wanted to be involved to stay fit."

### **Financials**

For the year ended 31 December 2020

#### Revenue

Total Revenue	\$226,595
Other Revenue	\$1,529
Covid-19 Wages Subsidies	\$22,945
Membership classes, school groups and adult fitness	\$8,648
Grant Funding	\$106,100
Donations & Sponsorships	\$87,373

#### **Expenses**

Surplus for the Year	\$23,445
Total Expenses	\$203,150
Other Expenses	\$75,544
Wages	\$127,606



# Community Partners 2020

#### **Porirua Organisations**

Partners Porirua Kaibosh Harcourts Wellington Hutt Valley Boxing Association

#### **Porirua City Council**

#### **Police**

Family Safety Team
Porirua NPT
Police Headquarters – BGYF Portfolio/LOA
with Prevention Team
Youth Aid

#### **National Organisations**

Ara Taiohi
Billy Graham Youth Foundation
Boxing New Zealand
Oranga Tamariki
Outward Bound
Sport New Zealand
New Zealand Institute of Sport

## Schools, Youth Justice & Alternative Education Providers

Postgate School Mana College

# Thank you to our Supporters

#### **Supporters**

Albiston Family Trust Amanda & Andrew Simkin Barbara Blake Brent & Chrissy Albiston Freedom Church Tai Shan Foundation

#### 250 Club Members

Christian Bonnevie Glynis Denz Hamish Girvan Jamie Bromley Scot & Holly Fordham Steve & Amanda MacDonald Tony Davidson

#### Monthly Supporters

Sandra Reid









#### **Trust Funders**









JOHN ILOTT
CHARITABLE TRUST

















WINTON & MARGARET BEAR
CHARITABLE TRUST



#### **Goods & Services Donated**

























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## COMMISSIONERS

### **2020 Award** Winners

Congratulations to our champion young people who went above and beyond to earn these special awards!

#### **Fundamental Girls Awards**





MOST IMPROVED

ATTENDANCE & MOST PROMISING

Eden Nykieta

#### **Junior Girls Awards**







MOST IMPROVED

Katie

HIGHEST ATTENDANCE & COACHES CHOICE

MOST PROMISING

Molly

#### **Senior Girls Awards**



**IMPROVED** 

Charlotte



HIGHEST

Ava

ATTENDANCE











PROMISING & YOUNG LEADER

SISTERHOOD AWARD Tara

OUTSTANDING ROLE MODEL

Heaven

#### **Fundamental Boys Awards**









MOST IMPROVED

HIGHEST ATTENDANCE Felix

PROMISING Reuben

COACHES CHOICE Mzonrae

#### **Junior Boys Awards**





IMPROVED

Finn

ATTENDANCE & MOST PROMISING

#### **Senior Boys Awards**











MOST IMPROVED

ATTENDANCE & BEST COMPETITOR Toby

MOST PROMISING

Dante

YOUNG LEADER

OUTWARD BOUND MOST INITIATIVE

Chris

COIN

NZ POLICE

#### **Life Members**





Rhiannon

Dominic

# Trustees, Staff, and Volunteers







INTERIM HEAD COACH



FEMALE COACH Hailey Collins



ACADEMY MANAGER Paul Savers



Heaven Te Paiho

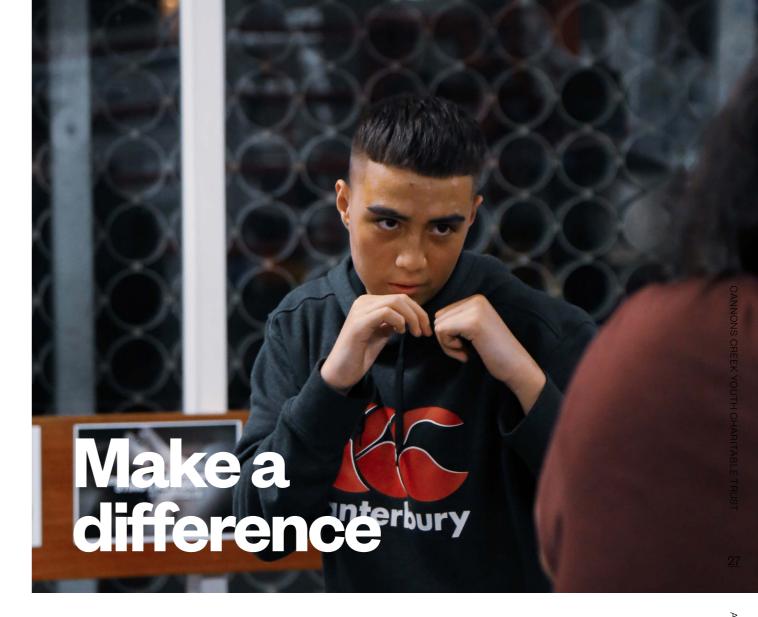
David Graham



VOLUNTEER Krishan Kumar

#### **Cannons Creek Youth Charitable Trust Board**

- Brian Ross Chair
- Brent Albiston Secretary
- Anthony White Trustee
- David Graham Trustee
- Peter Mellars Trustee



#### Cannons Creek Boxing Academy has an awesome opportunity to assist young people with their membership fees for 2021.

For just \$5 a week, you can support a young person to take part in 2 training sessions per week at CCBA.

We know this a difficult time for Kiwis up and down the country, and we sincerely hope that your own financial situation is secure. If you are able to, please consider supporting our members at the Cannons Creek Boxing Academy at \$5 per week. In doing so you will be a part of developing our rangatahi into Champion Young People.

#### Bank account details

**CCYCT** 010546030009900 Ref: CCBA Fee Assist & Your Name \$5 Weekly Automatic Payment







Cannons Creek Boxing Academy

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